

The Creative Imbalance

by Brett Roselle



A Storybird
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Published on
April 13, 2022

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One crisp fall day, a
bright-eyed boy is
born.

Full of joy and
youthful curiosity, he
has so much room to
grow and explore!





With no worries or judgments, he is freely creative and openly expressive.

He yells, laughs, and explores this incredible place with genuine openness and intrigue.



He lets his creative
imagination run WILD!

His creative
fulfillment is high and
not clouded by any
other variables.



With time, his identity begins to be shaped by many other factors - the environment he is raised in, the social encounters that he has, and the values he develops.



As a teenager, even more variables begin to cloud his identity and ability to be freely creative.

New factors like peer pressure start to appear, which can help or hinder his identity develop.



As he grows up and matures, the same questions continue to be asked:

"What will you be when you grow up?

"What will you do with your life?





Feeling the need to be defined by a career path, he elects to follow his passion and pursue music and the Arts. Filled with exuberance, he embarks on a path of performance after education.

As he becomes an adult, more pressures start to arise - the need to earn money to further his creative goals and the costs of living in our fast-paced world with materialistic definitions of success.



He begins to realize he cannot just live as an artist with no concerns or stressors as he did as a child. Living off nothing but his passion is not feasible without making some sacrifices to meet societal expectations.



The world seems vast and intimidating as the strings of his identity are brought into question. Is creativity really the core of his essence? Or, was he straying off the path he set out on to meet these perceived notions of success?





Factors start to pile up that force him to spend less and less time with his music. A void is created instead.



The task of keeping up with both real and perceived expectations seems insurmountable without the creative fire that drives his soul.

The fear of external judgments and not having a sound career path keep him from putting his art first.





The balance is off, and his creative identity is not fulfilled. His mind is riddled with other thoughts that are not fuelling the most important fire of all.

Then, he decided to make a change. He stopped spending time thinking about the void in his life. He decided to invigorate his ecosystem with the creative catalysts of new people and experiences.





He found that he had many areas of his life that provided fulfillment, and his creative identity was just one avenue of his worth. Balance was being restored again.



Writing and being creative warms his heart just as it did as a young child. He takes control of his identity and no longer lets societal pressures cloud the judgment of his self-worth.



After all, what matters most is the impact you have on the people you care about, not what job title you have.

Sometimes, the best creations are the ones that change and challenge your identity in new ways.





Life has a way of coming full circle. As a father, he is able to continue his creative journey through the eyes of his child. Feeling the fulfillment of his identity and creativity more than he ever thought possible. The creative balance is back.



The End